

I MINA'TRENTAI SIETTE NA LIHESLATURAN GUÁHAN
RESOLUTIONS

Resolution No.	Sponsor	Title	Date Intro	Date of Presentation	Date Adopted	Date Referred	Referred to	PUBLIC HEARING DATE	DATE AUTHORS REPORT FILED	NOTES
523-37 (COR)	Jesse A. Lujan	RELATIVE TO RECOGNIZING AND COMMENDING ROBERT JOSEPH MATEO LIZAMA FOR HIS EXCEPTIONAL ACHIEVEMENTS IN BODYBUILDING, HIS DEDICATION TO FITNESS COACHING, AND HIS UNWAVERING COMMITMENT TO INSPIRING AND TRANSFORMING LIVES BOTH ON GUAM AND BEYOND.	9/5/24 4:14 p.m.	9/6/24 2:00 p.m.						

I MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN
2024 (SECOND) Regular Session

Resolution No. 523-37 (COR)

Introduced by:

Jesse A. Lujan 

**RELATIVE TO RECOGNIZING AND COMMENDING
ROBERT JOSEPH MATEO LIZAMA FOR HIS
EXCEPTIONAL ACHIEVEMENTS IN BODYBUILDING,
HIS DEDICATION TO FITNESS COACHING, AND HIS
UNWAVERING COMMITMENT TO INSPIRING AND
TRANSFORMING LIVES BOTH ON GUAM AND
BEYOND.**

1 **BE IT RESOLVED BY THE COMMITTEE ON RULES OF *I***
2 ***MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN*:**

3 **WHEREAS**, Robert Joseph Mateo Lizama, born and raised in Barrigada, Guam,
4 to proud parents Therese Mateo and Vincent Lizama, exemplifies the strength,
5 perseverance, and dedication that are defining traits of Guam's culture. As the brother
6 of Vincent Lizama, Steven Lizama, and Patrick Lizama, Robert's familial bonds have
7 nurtured his values of hard work, discipline, and resilience; and

8 **WHEREAS**, Robert's journey has been supported by his wife, Cassandra
9 Lizama, and children, Aliyah Tedtaotao and Raiden Lizama, whose unwavering love
10 and encouragement have been cornerstones of his success both in his personal and
11 professional life; and

12 **WHEREAS**, a graduate of George Washington High School, Class of 2011,
13 Robert has built a career that transcends his early professional experiences at Home

1 Depot and as a Sheriff's Officer for the Department of Corrections in Wichita, Kansas,
2 to become a globally recognized figure in the world of bodybuilding and fitness; and

3 **WHEREAS**, Robert began his humble yet fitness journey at Paradise Fitness in
4 Agana, a local business owned by Tony Sgro, President and CEO, and his son, Michael
5 Sgro, Vice President and General Manager, whose entrepreneurship has long supported
6 local athletes and fostered a community dedicated to health and fitness. It was within
7 this environment, rooted in the belief of empowering local talent, that Robert cultivated
8 the discipline, passion, and drive that propelled him into the world of competitive
9 bodybuilding. Paradise Fitness provided the foundation where Robert honed his skills
10 and built his enduring work ethic, embodying the spirit of Guam in every step of his
11 journey; and

12 **WHEREAS**, he went on to earn his prestigious International Federation of
13 Bodybuilding and Fitness (IFBB) Pro Status, a testament to his tireless dedication,
14 mental fortitude, and unmatched physical conditioning, all of which reflect his
15 unyielding pursuit of excellence; and

16 **WHEREAS**, his illustrious bodybuilding career includes the following notable
17 accolades:

- 18 ● **2013 Guam Bodybuilding:** 1st place in the Bantamweight Bodybuilding
19 Division
- 20 ● **2014 Guam Bodybuilding:** 2nd place in the Lightweight Bodybuilding
21 Division
- 22 ● **2016 Guam Bodybuilding:** 1st place in the Lightweight Bodybuilding Division
23 and Overall Champion
- 24 ● **2021 Iowa State Championship:** 1st place in Open Classic Physique Class A
25 and Overall Classic Physique Champion
- 26 ● **2021 NPC National Championships:** 2nd Callouts in Open Classic Physique

- 1 ● **2023 California State Championships:** 1st place in Open Classic Physique
2 Class A and Overall Open Classic Physique Champion
- 3 ● **2024 NPC USA Bodybuilding Championship:** 3rd place in Open Classic
4 Physique Class A and 1st place in Open Bodybuilding Welterweight, earning
5 his IFBB Pro Card; and

6 **WHEREAS,** beyond his personal accolades, Robert's true legacy lies in his
7 ability to inspire others. As the founder of "Notorious Fitness," he has dedicated his
8 life to transforming others' lives through online coaching, personal training, and
9 guiding bodybuilding competitors; and

10 **WHEREAS,** His work helps countless individuals achieve their fitness goals,
11 adopt healthier lifestyles, and gain the confidence to excel in competition through his
12 expert guidance in posing and conditioning; and

13 **WHEREAS,** Robert's deep commitment to his clients reflects his personal
14 belief that true success is measured not by titles or trophies, but by the positive impact
15 one has on others. His coaching has extended far beyond the physical realm, offering
16 clients empowerment, mental toughness, and a renewed sense of self-worth,
17 positioning him as a role model for aspiring athletes, fitness enthusiasts, and the
18 community at large; and

19 **WHEREAS,** his contributions to the sport of bodybuilding and to the fitness
20 community continue to place Guam on the global map, serving as a beacon of pride
21 for our island, showing that through hard work, dedication, and a commitment to
22 personal growth, anything is achievable, regardless of one's origins or circumstances;
23 and

24 **WHEREAS,** through his tireless work ethic, Robert continues to represent the
25 values of family, community, and excellence, and in doing so, he brings honor to both
26 his family and to the island of Guam; now therefore, be it

1 **RESOLVED**, that the Committee on Rules of *I Mina'trentai Siette Na*
2 *Liheslaturan Guåhan* does hereby, on behalf of the people of Guam, recognize and
3 commend Robert Joseph Mateo Lizama for his remarkable achievements in
4 bodybuilding, his dedication to fitness coaching, and his enduring commitment to
5 uplifting others through the power of fitness and mentorship; and be it further

6 **RESOLVED**, that the Speaker and the Chairperson of the Committee on Rules
7 certify, and the Legislative Secretary attest to, the adoption hereof, and that copies of
8 the same be thereafter transmitted to Robert Joseph Mateo Lizama, his family; and to
9 the Honorable Lourdes A. Leon Guerrero, *I Maga'hågan Guåhan*.

**DULY AND REGULARLY ADOPTED BY THE COMMITTEE ON RULES OF
I MINA'TRENTAI SIETTE NA LIHESLATURAN GUÅHAN ON THE DAY
OF SEPTEMBER 2024.**

THERESE M. TERLAJE
Speaker

CHRIS BARNETT
Chairperson, Committee on Rules

AMANDA L. SHELTON
Legislative Secretary